

TRAINING OPPORTUNITY

**INTERPERSONAL
COGNITIVE BEHAVIORAL
TREATMENT SYSTEM FOR
COMPULSIVE BEHAVIORS**

4-HOUR WORKSHOP

FRIDAY, MAY 17, 2019

10:00 A.M. – 2:00 P.M.

New England Center for
Cognitive Behavioral Therapy
110 National Drive, Glastonbury, CT



Since 2003, The Cordier Institute's New England Center for CBT treatment and the American Center for I-CBT Training, has provided interpersonal-cognitive-behavioral therapy (I-CBT) -- a unique and highly effective method of delivery that has helped thousands of people overcome a variety of different mental health challenges. The I-CBT method is patient-centered and is tailored to each individual's treatment goals.

In this workshop you will be introduced to the I-CBT treatment system that relies on a pragmatic, structured, and easy to understand cognitive behavioral based curriculum that empowers individuals with tools to overcome their difficulties.

Participants will learn:

- 1) The science behind I-CBT, the cognitive affective model (CAM);
- 2) How I-CBT addresses the inherent treatment gaps in traditional CBT;
- 3) How I-CBT intervention is used by professionals to help problem gamblers;
- 4) A brief overview of the treatment process

FREE to attend!

**4 Continuing
Education Units
(CEUs)**

**For more
information or to
register, please
contact Kaitlin
Foshay-Brown at
(860) 604-0194 or
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