

*The Connecticut Council on
Problem Gambling presents*

Video Game Addiction for Parents & Families



Friday, May 3, 2019

4:30 to 7:30 p.m.

**Light refreshments
served**

**RSVP: Donna
959-230-4030**

**St. Patrick - St. Anthony
Church
285 Church St., Hartford, CT**

Cam Adair is a pioneer on video game addiction and the founder of Game Quitters, the world's largest support community for video game addiction, serving 50,000 members in 94 countries.

Cam's life took a dramatic turn at the age of 11 when he began to experience intense bullying, leading him to drop out of high school. He found himself playing video games up to 16 hours a day. Struggling with depression he got to the point of contemplating suicide, and it was then he made a commitment to change.

Named one of Canada's top 150 leaders in Mental Health, his work has been published in Psychiatry Research, and featured in the New York Times, Forbes, BBC, ABC 20/20, and Vice, among others. His videos on YouTube have over two million views.

Please join us as Cam shares his personal journey of overcoming his addiction to videogaming and offers key insights into how gaming and social media are designed to keep people hooked.