

Making the connections: Drinking & Gambling

Alcohol	Gambling
CT law says you must be 21 y.o. to drink	CT law says you must be 18 y.o. for most types of charitable gambling, and 21 y.o. to play casino games.
Alcohol is an addictive substance	Gambling can be an addictive behavior
Addicts get withdrawal symptoms from alcohol addiction	Addicts get withdrawal symptoms from gambling addiction
Alcoholism is diagnosable by a mental health professional	Pathological gambling is diagnosable by a mental health professional
Alcoholism can cause you to “black out” (lose self in time), while conscious	Gambling can cause a dissociative state (lose self in time) while conscious
Alcoholism can occur with other addictions (co-occurring)	Pathological gambling can occur with other addictions (co-occurring)
Addicts can relapse after treatment	Addicts can relapse after treatment
Addicts gain tolerance to effects of alcohol	Addicts gain tolerance to effects of gambling
Alcohol is associated with a host of serious health and social consequences <small>(common knowledge)</small>	Gambling is associated with a host of serious health and social consequences <small>(Neighbors et al (2002))</small>