

what are the odds your underage teen is gambling?

It's unfortunate but problem gambling is not restricted to adults. Some underage teenagers are finding ways to gamble. Some are even developing gambling problems.

The CT Partnership for Responsible Gambling is sensitive to the issues of underage gambling and dedicated to increasing awareness among the parents of teenage children and the teenagers themselves.

some things to keep in mind about teen gambling:

- Most underage teens are introduced to gambling by a parent or adult close to them.
- Teens may gamble in a variety of legal and illegal ways including but not limited to, card games, sports betting, lottery, Jai Alai and casinos.
- All forms of gambling carry some risk of developing problems for some people.
- Gambling may affect teens from all types of families, socioeconomic backgrounds and ethnic groups.
- Problem gambling is easy to hide.
- Teens may gamble to feel important or to raise self-esteem.
- For some, gambling is often a way to deal with pain or other problems involving school, family, friends and peer pressure.
- Treatment can be successful with the support of those who care.

If you believe your teen has a gambling problem, call the Connecticut Council on Problem Gambling Helpline at 1-800-346-6238 for a confidential conversation.

some warning signs of underage gambling problems:

- Carries or possesses gambling materials such as dice, playing cards and lottery tickets.
- Says gambling is one of the best ways to make easy money.
- Borrows money from family/friends to pay gambling debts.
- Takes desperate measures to get more money for gambling, such as stealing from family.
- Gambles with money that is supposed to be used for something else such as lunch, bus fare, etc.
- Skips classes or neglects homework.
- Neglects family/friends.
- Frequent mood swings: usually higher when winning and lower when losing.
- Lies to people about gambling.
- Displays large amounts of cash and other material possessions.
- Gambles to escape worries, frustrations or disappointments.
- Continues to gamble despite the pain it has brought to themselves and others.

for more information call:

1-888-789-7777

Connecticut Council on Problem Gambling

(860) 344-2244

Compulsive Gambling Treatment Program
Dept. of Mental Health and Addiction Services

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You must be 18 or older to purchase or cash lottery tickets.
Please play responsibly.