



## COLLEGE STUDENTS: DON'T BET YOUR FUTURE AWAY



### Fact

Financial support for a college education may be jeopardized by a parent's gambling.

Be aware that gambling is not risk-free, and if you lose control, your education and future opportunities are at stake.

- ➔ Gambling losses can result in the loss of money needed for books and tuition and even create serious debt.
- ➔ Excessive absences from school in order to gamble will likely cause a decline in grades.
- ➔ College students with a gambling problem may suffer negative health consequences (e.g. stress-related disorders such as headaches, and sleeplessness) as a result of their gambling problem.
- ➔ College students with a personal history of abuse, trauma, addiction (e.g. substance abuse), and mental disorders (e.g. depression) are at a higher risk of developing a gambling problem.
- ➔ Student athletes who are discovered to have gambled on any sporting event will be removed from their sports team and risk being expelled from school.

If you or someone you care about has problems resulting from gambling, please call the

**PROBLEM GAMBLING HELPLINE**

**1-800-346-6238**

**1-800-34 NO BET**

CONNECTICUT COUNCIL on  
**PROBLEM  
GAMBLING**

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